



SITTINGBOURNE RUGBY UNION FOOTBALL CLUB

Founded 1976

RFU, KCRFU, KSRFUR

Gore Court Cricket Club, The Grove, Key Street, Sittingbourne, Kent, ME10 1YT

Chairman: David Hicks
Honorary Secretary: Steve Smith

Club Captain: Scott Truss
Honorary Treasurer: Chris Nutley

Safety Procedures

Guidelines for Dealing with an Incident/Accident

- Stay calm but act swiftly and observe the situation. Is there danger of injury/further injuries?
- If necessary, evacuate the pitch in a calm and controlled manner and proceed to a safe distance away.
- If there is an injury, listen to what the injured person is saying.
- Alert the First Aider who should take appropriate action for minor injuries.
- In the event of an injury requiring specialist treatment, call the emergency services. Mobile phones are available pitch side.
- The address of the clubhouse is:
The Grove, Key Street, Sittingbourne, Kent. ME10 1YT
 - If the incident is on a lower pitch outside club house, the Emergency Services best point of access will be via Sandford Road.
 - If the incident is on a top pitch beyond Rose Acre Woods, the Emergency Services best point of access should be through gate off London Road.
- Ensure that the rest of the group is adequately supervised.
- Do not move someone with major injuries unless they are in serious danger of further injury. Wait for the emergency services.
- Contact the injured person's parent/guardian/next of kin.
- Complete an incident/accident report form and return to Steve Smith (Club Secretary).
- First Aid kits are supplied to each team and coach at the club and will be at pitch side.