



SITTINGBOURNE RUGBY UNION FOOTBALL CLUB

Founded 1976

RFU, KCRFU, KSRFUR

Gore Court Cricket Club, The Grove, Key Street, Sittingbourne, Kent, ME10 1YT

Chairman: David Hicks
Honorary Secretary: Steve Smith

Club Captain: Scott Truss
Honorary Treasurer: Chris Nutley

Safety Procedures

First Aid Procedures

We want everyone to enjoy his or her Rugby, but recognise that there may be occasions when first aid is required. Here are our **First Aid Procedures**.

- The safety of everyone who plays or watches Rugby at SRUFC is critical. This is especially so in the Junior and Mini-Midi Sections when we have a large number of children playing, or training. As a coach, (or parent) please take action to prevent anybody being injured e.g. if you see a situation which might lead to an avoidable accident or injury, such as broken glass, children playing rugby unsupervised etc.,
- Please also undertake a risk assessment of the playing area before the children enter and begin to train, or play in a match.
- Please familiarise yourself with the sheet – **Guidelines for Dealing with an Incident/Accident**.
- Please ensure you carry a mobile phone if you are taking children to matches.
- Each team is given a first aid kit for the season and it is the team's responsibility to look after it. Replenishment of supplies can be requested for from section Chairman, who will arrange for them accordingly.
- In relation to the Junior & Mini-Midi sections; a list of all the children's names, medical conditions and parental contacts should be readily available from the coach in charge of the session.

The Grove Clubhouse

- The Clubhouse phone is in the clubhouse behind the bar.
- The Clubhouse phone number is **01795 423813** and you can make 999 calls using **this phone**.
- The address of the Clubhouse is **The Grove, Key Street, Sittingbourne, Kent. ME10 1YT**