

## Sittingbourne Youth Rugby (SYR) Coaching Guidelines

SYR will be adopting the Coaching Pathway guidelines as defined in the Kent Rugby Coach Handbook 2010/2011 season and outlined below. Our key objective will be to meet our seal of approval requirement of 1 qualified coach per 10 players at each age group

Where possible it would also be good practice to have 2 qualified coaches per age group and this is encouraged along with the attendance of Continuous Personal Development (CPD) courses. All courses attended that have been approved by the committee will be funded by SYR.

### Guide to the Coaching Pathway

New Coaches at U7/8	Introducing Tag Seminar
Under 7s/8s	Tag Award + "Mini" CPD events
Under 8s	Rugby Ready + "Mini" CPD events
Under 9s upward	Level 1 + "Mini" CPD events
Under 9s +	Rugby Ready refresher each season and CPD events
Under 13s +	Level 2 (encompasses senior game so exposure to 8 man scrum, support in lineout etc is a "must") Rugby Ready and CPD events
Level 3	Coaches must be coaching a team throughout a season – recommended senior school or adult

The above guidelines are adopted with the following provisos:

- Level 2 Coaching Award is not a requirement for Under 13s + but is encouraged.
- Level 1 and Level 2 and Coaching Awards can be taken prior to the age group guidelines subject to age group numbers and agreement by the committee.

