

SIZE CHART

Finding the perfect size isn't always easy. The fit of your clothes depends on many things, including the cut, fabric, styling and even the undergarments you are wearing! By following our body guide and how to measure guide, we hope to find you the best possible fit. It is always suggested that you measure more than once as your posture changes when you move and sometimes effects the measurement you take.

MEN'S SIZING	XXS	XS	S	M	L	XL	2XL	3XL
CHEST cm	85-89	89-93	93-97	97-101	101-106	106-111	111-116	116-121
inches	33.5 - 35	35 - 36.5	36.5 - 38	38 - 39.5	39.5 - 41.5	41.5 - 43.25	43.25 - 45.25	45.25 - 47.5
WAIST cm	72 - 76	76 - 80	80 - 84	84 - 88	88 - 93	93 - 98	98 - 103	103 - 108
inches	28.25 - 30	30 - 31.5	31.5 - 33	33 - 34.5	34.25 - 36.5	36.5 - 38.5	38.5 - 40.5	40.5 - 42.5
LOW HIP cm	84 - 88	88 - 92	92 - 96	96 - 100	100 - 105	105 - 110	110 - 115	115 - 120
inches	33 - 34.75	34.75 - 36.5	36.5 - 38	38 - 39.5	39.5 - 41.5	41.5 - 43.25	43.25 - 45.25	45.25 - 47.75
INSIDE LEG (Standard) cm	76	78	80	82	83	84	85	86
inches	30	30¼	31½	32½	32¾	33	33½	34

WOMEN'S SIZING	6	8	10	12	14	16	18	20
CHEST cm	74 - 78	78 - 82	82 - 86	86 - 90	90 - 94	94 - 98	98 - 102	102 - 106
inches	29 - 30.75	30.75 - 32.5	32.5 - 34	34 - 35.5	35.5 - 37	37 - 38.5	38.5 - 40	40 - 41.75
WAIST cm	55 - 60	60 - 64	64 - 68	68 - 72	72 - 76	76 - 80	80 - 84	84 - 88
inches	22 - 23½	23½ - 25¼	25¼ - 26¾	26¾ - 28½	28½ - 30	30 - 31½	31½ - 33	33 - 34½
LOW HIP cm	82 - 86	86 - 90	90 - 94	94 - 98	98 - 102	102 - 106	106 - 110	110 - 114
inches	32.25 - 34	34 - 35.5	35.5 - 37	37 - 38.5	38.5 - 40	40 - 41.75	41.75 - 43.25	43.25 - 45
INSIDE LEG (Standard) cm	75	76	77	78	79	80	81	82
inches	29½	30	30¼	30¾	31¼	31½	32	32¼

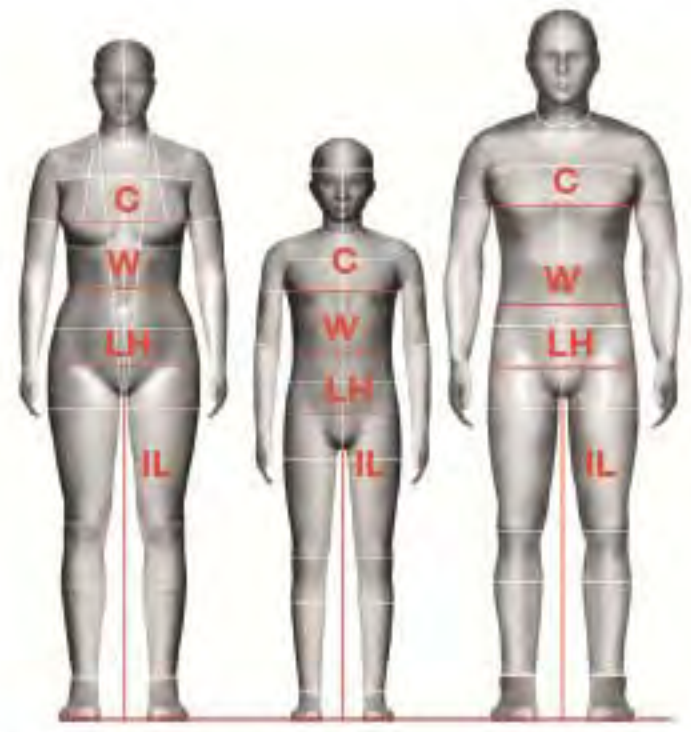
CHILDREN'S SIZING	AGE 5 - 6	AGE 7 - 8	AGE 9 - 10	AGE 11 - 12
CHEST cm	58 - 62	62 - 66	66 - 70	70 - 74
inches	23 - 24.5	24.5 - 26	26 - 27.5	27.5 - 29
WAIST cm	51.5 - 55.5	55.5 - 59.5	59.5 - 63.5	63.5 - 67.5
inches	20 - 21½	21½ - 23¼	23¼ - 25	25 - 26½
LOW HIP cm	62 - 66	66 - 70	70 - 74	74 - 78
inches	24.5 - 26	26 - 27.5	27.5 - 29	29 - 30.5
INSIDE LEG (Standard) cm	55	60	65	70
inches	21	23½	25½	27½

Kiwi Pro and Photon Shorts additionally available in these sizes.

MEN'S SIZING	4XL	5XL	6XL
WAIST cm	108 - 112	112 - 116	116 - 120
inches	42½ - 44	44 - 45½	45½ - 47¼
LOW HP cm	120 - 124	124 - 128	128 - 132
inches	47.5 - 48.25	48.25 - 50.375	50.25 - 52

BODY ARMOUR SIZES	SB	MB	LB	S	M	L	XL	2XL
Approximate chest size cm	70-76	73-79	79-84	91-97	101-107	111-117	121-127	127+
Approximate chest size inches	28-30"	29-31"	31-33"	36-38"	40-42"	44-46"	48-50"	50+
Head cm	51	52.5	54	55	57	58.5	60	-
Women inches (size)				32-34* (10-12)	34-36* (12-14)	38-40* (16-18)	42-44* (18+)	

FOOTWEAR SIZE CONVERSIONS																												
UK	12	13	1	1.5	2	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	13	14	15
USA	13	1	2	2.5	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	13	13.5	14.5	15.5
EUR	30	31	32.5	33	34	35	35.5	36	37	37.5	38	38.5	39	39.5	40.5	41	42	42.5	43	44	44.5	45	45.5	46	47	48	49	50



MEASURING

CHEST CIRCUMFERENCE (C)
Measure all the way around - taking the tape approximately 2.5 cm from pit of arm, around the fullest part of the chest. Try to keep the tape level.

WAIST CIRCUMFERENCE (W)
Measure all the way around- taking the tape around the natural waist - (this is the narrowest part of your waist). Try to keep your tape measure level. Our trousers and shorts are elasticated so there always plenty of room for movement here - if you are confused- Use the hip measurement.

LOW HIP CIRCUMFERENCE (LH)
Measure all the way around - taking tape around the fullest part of the bottom. Try to keep the tape level.

INSIDE LEG (IL)
Measure from the top of the inside leg to bottom of your heel. Please remember you can always take a trouser up if they are a little long, try turning the waistband or sewing the hem.

GENERAL TIPS:

1. Measure yourself wearing underwear - do not measure over clothing
 2. Stand straight and keep both feet on the floor
 3. Make sure the tape measure is kept level
 4. Ask a friend to help take your measurements - (it's sometimes easier to have help)
- Our ranges are designed with layering in mind. If you buy a jacket for your body size, you can be sure you will be able to fit a top and a light sweater underneath
- **All measurements are an approximate guide.